

## Newbie Question - spring rates

Posted by rscheiring - 22 Oct 2008 12:10

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Here is a real newbie question for you. Rules say spring rates are free. How come everyone uses such low weight ones (350 - 400 lbs)? I'm used to running much heavier in a similar wieght/power car.

Pls. be nice, as I got a whole slew of newbie q's!

TIA,

Rob

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## Re:Newbie Question - spring rates

Posted by JerryW - 24 Oct 2008 00:20

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Try looking at [Clarks Garage](#) and select garage shop manual on the lefthand side. Otherwise this site and Rennlist/Pelican have plenty of people to reply to your questions.

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